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# Dried Jerusalem Artichoke (*Topinambur*) ORGANIC

## *Helianthus tuberosus*

Topinambur powder, granulate, pieces, dices & slices

Naturally high **inulin** content (=soluble fiber) of about 50 %

**Recommended intake:** up to 10 g daily for an adult

**Application examples**

### Grain products including bread, crisp bread, pasta

Fine bread or pastry as well as pasta: Type 10 or 20  
 Coarser bread and crisp bread: Type 30 or chewing-active Type 40  
 Improved dough consistency; qualitative enhancement by functionality of Topinambur  
 Higher-molecular inulin constituents in the finished product, prebiotic for the gut  
 Reduced growing time of yeast and sour dough as well as cooking time of pasta  
 Recommendation: replace up to 10 % of flour/wheat by dried Topinambur ORGANIC

### Pure

Healthy, saturating snack: Type 75, 76, 77 or 80  
 Salad topping like roasted nuts: Type 75 or 76  
 Sauces, soups or pan-fried dishes: Type 75, 76 or 77

### Tablets and capsules

Food supplements and dieting aid

### Breakfast cereals and muesli bars

### Chocolate as nutrition-conscious enjoyment

Allergy-free nut alternative with crunch effect: Type 40  
 Recommendation: up to 20 g Topinambur ORGANIC in 100 g dark organic chocolate  
 Fruity flavor: additionally Topinambur juice powder ORGANIC

### Animal & pet food

Pure: healthy, tasty treat  
 Feed ingredient: qualitative enhancement by prebiotic and components

Both soluble and insoluble components of the tuber are contained largely unaltered due to most careful processing. All types have a consistently high quality.

Topi. powder ORGANIC	Type 10	very fine	0 - 0,3 mm	Topi. dices ORGANIC	Type 70	dices
Topi. powder ORGANIC	Type 20	fine	0 - 0,9 mm	Topi. stripes ORGANIC	Type 75	5 mm wide
Topi. granulate ORGANIC	Type 30	medium fine	0 - 1 mm	Topi. stripes ORGANIC	Type 76	10 mm wide
Topi. granulate ORGANIC	Type 40	coarse grained	1 - 2 mm	Topi. stripes ORGANIC	Type 77	15 mm wide
Topi. pieces ORGANIC	Type 50	pieces	2 - 4 mm	Topi. slices ORGANIC	Type 80	slices
Topi. pieces ORGANIC	Type 60	pieces	3 - 7 mm			

**Taste:** peculiar to race, nutty, sweetish

**Packaging:** Box with PE-inlet à 10, 20 or 22 kg net, depending on type

**Color:** light brown-beige

**Minimum shelf life:** 18 months in unopened original packaging

## Own agricultural cultivation

## DE-ÖKO-039 German Agriculture

Geschäftsführer:  
Gerhard Cordes

Handelsregister:  
Walsrode HRB 120445  
Ust.-IdNr.: DE175696669  
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