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Jerusalem Artichoke (*Topinambur*) ORGANIC

Helianthus tuberosus

Characteristics & Functionality (exemplary)

Prebiotic, appetite inhibiting & saturating

feeds the positive bifidus bacteria and lactobacilli of the colon
swells with adequate fluid intake
low glycemic index

Digestive aid

simultaneously reduced digestion rate
positive regulation of intestinal functions

Suited for diabetic use

no insulin demand for digestion = no stimulus of hunger

Alkaline

Vegetarian, vegan & kosher

Very rich in fibers

about 50 % Inulin = soluble fiber + further fibers, e.g. oligofractane

Polyphenols

antioxidative action

Minerals, amino acids

potassium, phosphorus, magnesium, iron, zinc, copper, manganese, selenium
numerous health-related declarations possible

Low in sodium & fat/fat free

FREE FROM ...

... added sugar (contains naturally occurring sugars)
... nuts, gluten, lactose, cholesterol, GMO etc.

Own agricultural cultivation

DE-ÖKO-039 German Agriculture

Characteristics

Geschäftsführer:
Gerhard Cordes

Handelsregister:
Walsrode HRB 120445
Ust.-IdNr.: DE175696669
Steuer-Nr.: 48 201 06987

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